



The Ultimate guide to transforming

YOUR SPACE

by SPACEIT.





Hi there!

Whether you're dreaming of a fresh new look for your kitchen, envisioning a more functional and stylish living space, or planning a complete home makeover, you've taken a fantastic first step by picking up this guide.

At Spacelt, we're passionate about turning your home into a masterpiece that not only reflects your unique style but also enhances your day-to-day life.

In this eBook, you'll discover the secrets to crafting spaces that speak to both the heart and functionality. We'll walk you through essential design principles, smart planning tips, and the latest trends that can transform any space from ordinary to extraordinary. From sleek and modern kitchens to cozy and inviting living rooms, we have insights that will inspire and guide you through your own design journey.

This guide is more than just a collection of tips—it's a roadmap to creating a home that you'll love for years to come. We've packed it with actionable advice and inspirational ideas tailored to fit a variety of spaces and styles.

So, grab your favourite drink, find a comfy spot, and let's start this creative adventure together. Your dream space is just a page turn away, and we at Spacelt are excited to be a part of your journey to create a home that truly reflects who you are.

Let's make magic happen, one room at a time!

Spacelt

Dive into the world of design with Demi Giannakis and Tina Economos, the visionary minds behind Spacelt.

Demi, our Senior Interior Designer and Project Manager, brings over 30 years of experience, blending creativity with meticulous attention to detail to transform spaces into true reflections of our clients' personalities. Tina, our Senior Interior Architect/Designer, harnesses her architectural background and over a decade of design prowess to craft award-winning spaces that perfectly balance form and function. Together, they lead our projects with a commitment to excellence and a passion for design innovation.



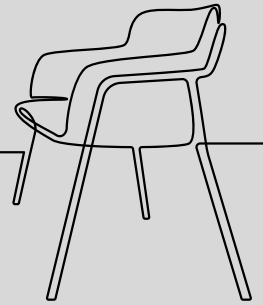
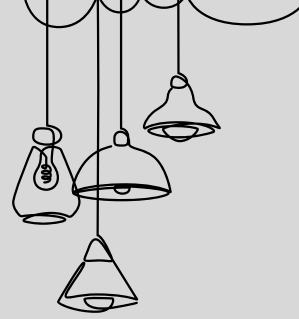
Tina



Demi

S P A C E I T S T U D I O

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YOUR DESIGN ESSENTIALS

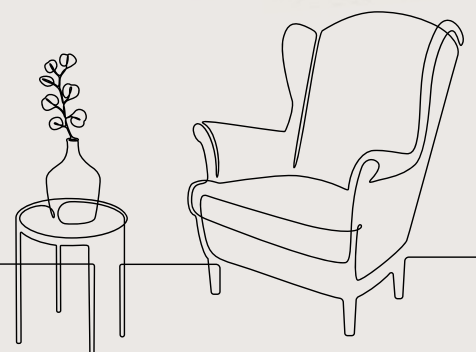
Understanding the essentials of design is your first step toward transforming any room into a place that not only looks stunning but feels just right.

Balance and Harmony

These are the keystones of interior design. Balance is achieved through symmetry or asymmetry, which provides a visual equilibrium that is pleasing to the eye. Harmony involves the thoughtful combination of colours, textures, and materials to create a cohesive look that resonates throughout the space.

Functionality

Before diving into aesthetic choices, consider how the space will be used. Functionality influences design decisions, ensuring that the space not only looks beautiful but also serves its intended purpose effectively. Whether it's a cozy reading nook or a bustling kitchen, the functionality of each area should guide your design process



Proportion and Scale



The relationship between objects within a space must be proportional and well-scaled. Furniture and decor should fit comfortably within the room's dimensions, maintaining enough space for movement and interaction. Proportional design avoids the feeling of clutter or sparseness, striking the right balance between fullness and openness.

Colour Psychology



Colors have the power to influence mood and perception. Choose your palette carefully to reflect the kind of energy you want to infuse into your space. Soft blues and greens create a calming atmosphere, ideal for bedrooms, while vibrant yellows and oranges can energize a kitchen or creative workspace.

Personal Touch



Lastly, infuse your personality into your space. This is what transforms a house into a home. Your personal style should be a thread that ties the elements together, whether it's through artwork, heirlooms, books, or even unique textiles. Your space should tell your story.

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SPACE PLANNING

Space planning is a crucial step in the interior design process, where the layout of your space is strategically organized to ensure both functionality and aesthetic appeal. This discipline involves more than just placing furniture and decor; it's about creating a flow that facilitates comfort and ease of use while maximizing the potential of your environment.

Define the Purpose

Begin by defining the function of each area. What activities will take place there? How many people will use it? Understanding the purpose of each space is essential for determining the layout and furniture placement that will best support those activities.

Zone Your Spaces

In larger areas, consider zoning to make better use of the space. Zoning involves creating distinct areas within a single space that cater to different activities, such as a reading area within a living room or a workspace in a bedroom. This helps to keep the space organized and tailored to your lifestyle.

Circulation Paths

Keep in mind the circulation paths—these are the routes people naturally take as they move through your space. Good space planning ensures that these paths are unobstructed and logical, promoting a seamless flow throughout the home. Ideally, circulation should not interfere with the furniture layout or the functionality of the space.

Furniture and Scale

Choose furniture that fits the scale of the room. Oversized furniture can make a space feel cramped and hinder movement, while furniture that is too small can seem lost in a large room. Consider the proportions of your furniture and how pieces relate to each other to maintain a balanced environment.

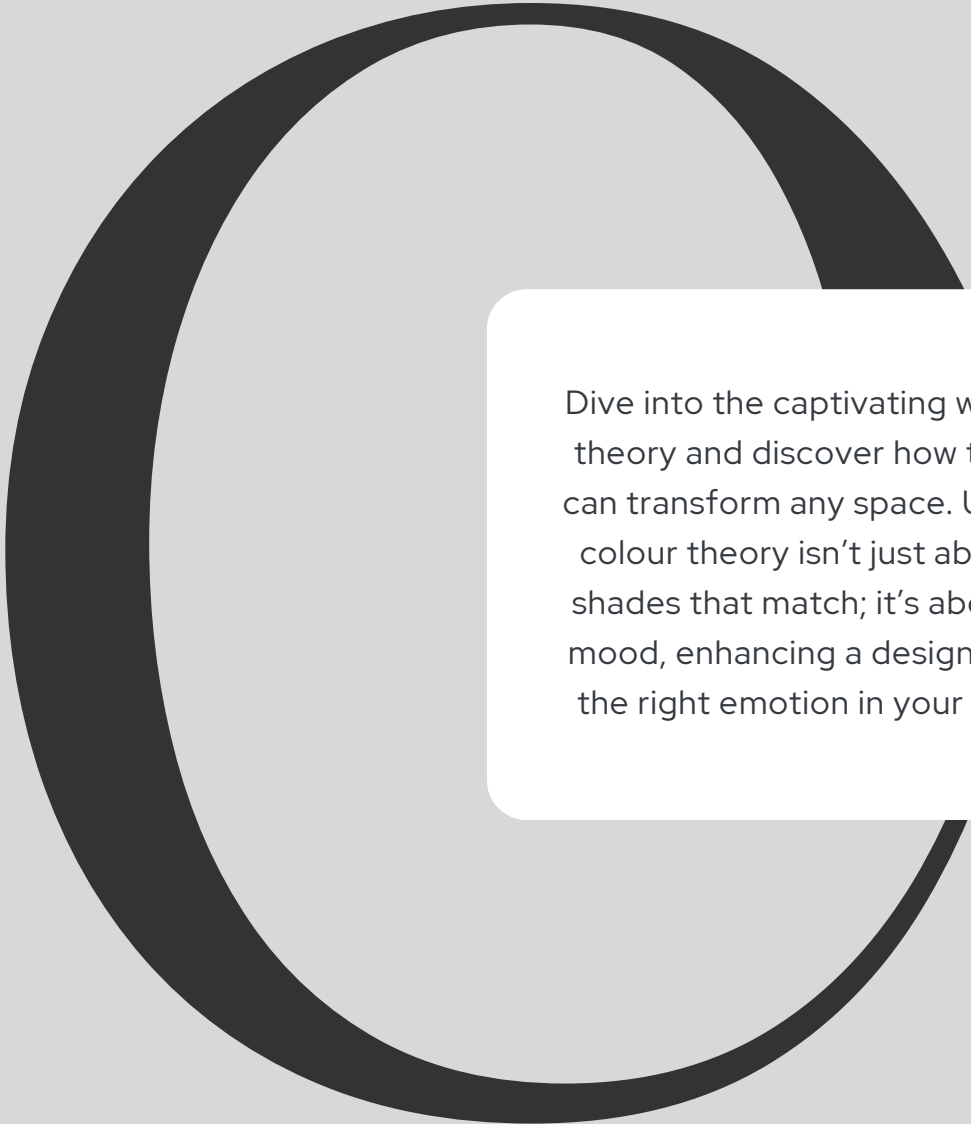
Light and Space

Planning for both natural and artificial light can dramatically affect the perception of space. Use lighter colors and reflective surfaces to make a room feel larger and brighter, while darker tones can create a more intimate and cozy atmosphere.

Storage Solutions

Effective space planning includes thoughtful storage solutions that reduce clutter and increase the usability of each room. Integrating built-in cabinets, clever shelving, and multi-functional furniture can keep your space tidy and well-organized, enhancing both functionality and design.





Dive into the captivating world of colour theory and discover how the right hues can transform any space. Understanding colour theory isn't just about choosing shades that match; it's about creating a mood, enhancing a design, and invoking the right emotion in your environment.

COLOUR THEORY



The Basics of Colour Theory

- **Primary Colours:** Red, blue, and yellow - these are the core from which all other colours are derived.
- **Secondary Colours:** Green, orange, and purple - these are created by mixing the primary colours.
- **Tertiary Colours:** The result of mixing primary and secondary colours to create more complex hues like blue-green or red-orange.

Colour Harmonies:

- **Complementary Colours:** Colours opposite each other on the colour wheel, such as blue and orange, that when combined, create striking contrasts.
- **Analogous Colours:** Colours next to each other on the colour wheel, such as green and yellow-green, offering a more harmonious and serene look.
- **Triadic Colours:** Three colours evenly spaced around the colour wheel, such as red, yellow, and blue, for a vibrant and dynamic effect.



Applying Colour Psychology:

Harness the power of colours to influence the atmosphere of a room:

- **Red:** Evokes energy, passion, and action. Ideal for areas that require dynamism, like living rooms or dining areas.
- **Blue:** Known for its calming effects, blue is perfect for bedrooms and bathrooms where relaxation is key.
- **Yellow:** Bright and cheerful, yellow can energize and uplift spaces like kitchens and bathrooms.
- **Green:** Balancing and rejuvenating, green works beautifully in spaces that connect with nature, such as sunrooms or offices with a view.



Practical Application Tips

- **Test Your Colours:** Before committing, test paint colors on large patches of your wall. Observe how these colours look at different times of the day as natural light changes.
- **Balance with Neutrals:** Use neutral colours to balance out more intense shades and to give the eye places to rest.
- **Consider Lighting:** Remember that lighting can significantly impact how a colour looks in your space. Different types of light bulbs can enhance or mute the paint colours you choose.

Practical Application Tips

- **Warm Colours:** These can make large, stark rooms feel more intimate and cozy.
- **Cool Colours:** They can help small or cramped spaces appear more open and airy.
- **Neutral Schemes:** They are perfect for highlighting and framing bold architectural features or artwork without overwhelming the senses.

You not only enhance the aesthetic appeal of your space but also improve its functionality and the overall mood when using colour theory. Color is a powerful tool—use it wisely to transform your space into a reflection of your personality and style.

MATERIALS + TEXTURES



The selection of materials and textures plays a crucial role in the overall impact of your interior design. By choosing the right combination, you can add depth, warmth, and character to your space. This chapter will guide you through the essentials of integrating various materials and textures to create a cohesive and inviting atmosphere.

Understanding Materials

- **Natural Materials:** Wood, stone, leather, and wool bring an organic and earthy feel to your space, promoting a sense of calm and comfort. These materials are typically durable and can age beautifully, adding character over time.
- **Synthetic Materials:** Modern advancements have produced synthetics that can closely mimic natural materials, often offering enhanced durability and easier maintenance. Examples include laminate, vinyl, and polyester fabrics.
- **Metals:** Incorporating elements like brass, copper, and stainless steel can introduce a sleek, modern feel or a touch of vintage charm, depending on the finish and design.

Exploring Features

- **Soft Textures:** Add coziness and comfort with plush fabrics, fluffy throws, and thick carpets that make your space feel welcoming and warm.
- **Rough Textures:** Rougher textures, such as burlap, untreated wood, and woven rattan, can add visual interest and tactile diversity to your room, enhancing the room's natural appeal.
- **Glossy and Matte:** Play with light reflection by mixing glossy finishes, like glass or polished metals, with matte surfaces like chalky paint or matte tiles to create a dynamic and balanced aesthetic.

Understanding Materials

- **Contrast for Impact:** Pair smooth leather with textured tweed, or place a sleek glass vase on a rough wooden table to enhance the interplay of textures.
- **Harmony and Cohesion:** Use materials from the same color palette but vary their textures to create a subtle yet rich layered look. For instance, a cream-colored linen sofa, a woolen rug, and wooden floors can all contribute to a harmonious neutral theme.
- **Functional Considerations:** Beyond aesthetics, consider the functionality of materials. In high-traffic areas, durable materials like leather or microfiber and darker colors can withstand wear and tear, while luxurious fabrics like velvet or silk might be reserved for less busy areas.

Practical Tips

- **Sample Swatches:** Always obtain samples of fabrics, paints, and materials to see how they interact in your intended environment. This can help you feel confident in your decisions before making significant investments.
- **Seasonal Changes:** Consider having interchangeable elements, like cushions, curtains, or rugs, that can adapt to the seasons for a fresh look throughout the year.



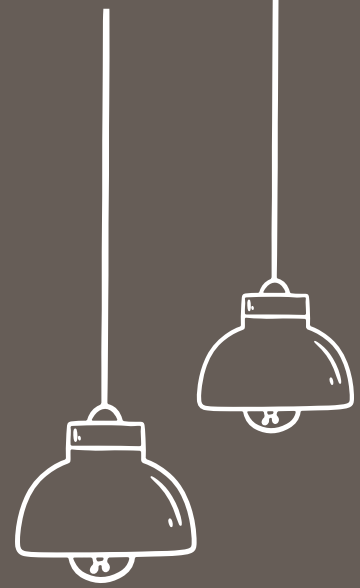
Did you know?

Creating a mood board with images of your favourite spaces can streamline your design process. This visual collection is more than inspiration—it's a blueprint that shapes your choices for colours, materials, and layouts, ensuring your space is not only beautiful but also a true reflection of you.



mood board

LIGHTING THE SPACE



Light has the power to transform – it can alter the mood of a room, define spaces, and highlight your design's best elements. "Lighting the Space" is about understanding how to harness this transformative energy to complement your interior design beautifully.

Layering Your Lighting

Combine ambient, task, and accent lighting to achieve a balanced look. Ambient lighting offers overall illumination, task lighting focuses on specific areas for activities like reading, and accent lighting draws attention to design features.

The Warmth of Light

Choose the right temperature – warm lights for a cozy, intimate feel, or cool lights for a bright, vibrant environment. Your choice of bulbs can change the color perception of your walls, furniture, and art.



Natural Light

Maximize the use of natural light. It not only improves wellbeing but also plays a key role in how colors and materials look throughout the day. Consider the placement of windows and use reflective surfaces to bring more daylight into darker spaces.

Statement Features

Lighting fixtures are as much a part of your decor as your furniture. A statement piece can serve as a focal point or a conversation starter. Choose designs that reflect your style and add character to the room.

Control and Atmosphere

Incorporate dimmers and smart lighting systems to adjust the brightness and mood of your space with ease. Lighting control can create the perfect atmosphere for any occasion, from a lively gathering to a calm evening in.

With thoughtful lighting design, your space can shift and evolve with the mood and time of day, offering flexibility and adding depth to your interior design. Let light shape your space and create an ambiance that feels just right.



As we close the final chapter of this guide, remember that the journey to a beautifully designed space is an ongoing adventure, one that can be as exciting and rewarding as you make it. With the design essentials, space planning principles, color theory insights, material and texture guidance, and lighting strategies you've uncovered here, you are well-equipped to begin the transformation of your space into a reflection of your unique identity and style.

Yet, every adventure can be made smoother and more enjoyable with the right companions. At Spacelt, we are more than just experts; we're passionate advocates for the power of great design to improve daily living. We believe in crafting spaces that tell a story, your story.

If this guide has sparked a vision for your home or business, imagine what we can accomplish together with a personalized touch. Our seasoned expertise, attention to detail, and innovative designs are at your service to bring your dreams to fruition.

Don't let your inspirations stay confined to the pages of this book. Reach out to us, and let's start a conversation that could lead to the transformation of your space and, quite possibly, your everyday life.

**Book a consultation with Spacelt today,
visit www.spaceit.com.au/contact
and let's turn those dreams into beautifully designed realities.**

Because when it comes to creating the perfect space, we know our stuff.

Let us show you how!



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YOUR SPACE

